



Continuing Education in Biodanza

✨ Rebirth as a facilitator – Rediscover yourself

Centro Gaja APS – School of Biodanza in Vicenza

📍 Monthly residential weekends at Centro Gaja, Vicenza

📅 October 2025 – June 2026

A journey of personal and professional excellence

Integration • Ethics • Vision

with **Giovanna Benatti**



Why this course now?

"It is not an easy era. But it is a powerful time for those who long for truth."



Regenerating Identity

The need to renew the identity of the facilitator and rediscover deeper meaning.



Beyond Automatism

Overcoming years of routine, technical reflections, or fatigue to rediscover passion.



Biodanza as a Mission

Biodanza as a mission of life – not just a technique to apply.

Guiding questions for the journey:

- 💖 What made you fall in love with Biodanza?
 - 🗺️ Where do you feel you have lost yourself?
 - 🔥 What do you need to reignite?
-



A Unique Experience

"Each module is a retreat. Each weekend, a possibility of rebirth."

- 🏠 **Residential integrated path** – also open module by module
 - 📜 **Special certificate** – for those attending at least 5 modules
 - 📖 **Experience, not theory** – not mere notions, but profound living
 - 🧠 **Innovative approach** – Biodanza & neuroscience, metacognitive tools, immersive experience
-

Course Structure

"From methodological roots to the blossoming of personal identity."

-  **Frequency:** one weekend per month
-  **For:** facilitators, former facilitators, future trainers
-  **Location:** Centro Gaja, Vicenza
-  **Title:** *Continuing Education in Biodanza*

What You Will Take Home

-  **Roots. Identity. Coherence** – reconnect with your deep roots as a facilitator
-  **New pedagogical vision** – innovative approaches for modern facilitation
-  **Care in communication** – authentic voice, presence, and connection
-  **Concrete tools** – to renew and enrich your practice
-  **Human network** – support and exchange with other facilitators
-  **Personal rebirth** – a journey of inner growth

The Guidance of Giovanna Benatti

"A guide who walks with you without replacing you. With love, rigor, and vision."

Her experience:

-  30 years of experience in Biodanza
-  Internationally recognized in Clinical Biodanza
-  Trainer of trainers with a pedagogy of listening and presence

A Heart-to-Heart Invitation

"We don't need new methods. We need new eyes."

Dear dancer of life,

I co-created this project with the desire to rediscover the strength of *why*.
Through these years, I have seen extraordinary facilitators get lost in silence.
I have seen colleagues exhausted, and powerful souls give up.

But I have also witnessed miracles of rebirth. 

This journey was not born to teach you.
It was born to remind you **who you are**.
And to do it together.

Because I too, like you, am seeking my truth.

If you feel even a shiver reading these words, maybe the moment has come.

With humanity and hope,

Antonio Aucello

for Centro Gaja



Calendar & Registration

Module dates



October 2025 – June 2026



Centro Gaja, Vicenza

One weekend per month



FAQ

- Can I attend just one module?
👉 Yes, modules are also open individually.
- Do I need a Biodanza diploma?
👉 The course is open to facilitators, former facilitators, future trainers.
- Can I make up for a missed module?
👉 Contact us to explore options.

Any other questions? ✨ Contact us!



Not a course. A rebirth.



October 2025 – June 2026



Centro Gaja, Vicenza

Write to us now for information, a conversation, a connection.



Infoline Centro Gaja: +39 338-8992362 – 320-3516113



www.biodanzacentrogaja.com